



ALLAIRE COUNTRY DAY SUMMER CAMP HEALTH RELEASE FORM

This form **MUST** be completed by a licensed physician and returned by June 15th.

APPENDIX H

Endorsed by: American Academy of Pediatrics, New Jersey Chapter
New Jersey Academy of Family Physicians
New Jersey Department of Health

UNIVERSAL CHILD HEALTH RECORD

SECTION I - TO BE COMPLETED BY PARENT(S)

| | | | |
|--|--|---|----------------------|
| Child's Name (Last) (First) | | Gender <input type="checkbox"/> Male <input type="checkbox"/> Female | Date of Birth / / |
| Does Child Have Health Insurance? <input type="checkbox"/> Yes <input type="checkbox"/> No | If Yes, Name of Child's Health Insurance Carrier | | |
| Parent/Guardian Name | Home Telephone Number () - | Work Telephone/Cell Phone Number () - | |
| Parent/Guardian Name | Home Telephone Number () - | Work Telephone/Cell Phone Number () - | |
| I give my consent for my child's Health Care Provider and Child Care Provider/School Nurse to discuss the information on this form. | | | |
| Signature/Date | | This form may be released to WIC. <input type="checkbox"/> Yes <input type="checkbox"/> No | |

SECTION II - TO BE COMPLETED BY HEALTH CARE PROVIDER

| | |
|-------------------------------|--|
| Date of Physical Examination: | Results of physical examination normal? <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Abnormalities Noted: | Weight (must be taken within 30 days for WIC) |
| | Height (must be taken within 30 days for WIC) |
| | Head Circumference (if <2 Years) |
| | Blood Pressure (if ≥3 Years) |

IMMUNIZATIONS

- Immunization Record Attached
 Date Next Immunization Due: _____

MEDICAL CONDITIONS

| | | |
|--|--|----------|
| Chronic Medical Conditions/Related Surgeries • List medical conditions/ongoing surgical concerns: | <input type="checkbox"/> None <input type="checkbox"/> Special Care Plan Attached | Comments |
| Medications/Treatments • List medications/treatments: | <input type="checkbox"/> None <input type="checkbox"/> Special Care Plan Attached | Comments |
| Limitations to Physical Activity • List limitations/special considerations: | <input type="checkbox"/> None <input type="checkbox"/> Special Care Plan Attached | Comments |
| Special Equipment Needs • List items necessary for daily activities | <input type="checkbox"/> None <input type="checkbox"/> Special Care Plan Attached | Comments |
| Allergies/Sensitivities • List allergies: | <input type="checkbox"/> None <input type="checkbox"/> Special Care Plan Attached | Comments |
| Special Diet/Vitamin & Mineral Supplements • List dietary specifications: | <input type="checkbox"/> None <input type="checkbox"/> Special Care Plan Attached | Comments |
| Behavioral Issues/Mental Health Diagnosis • List behavioral/mental health issues/concerns: | <input type="checkbox"/> None <input type="checkbox"/> Special Care Plan Attached | Comments |
| Emergency Plans • List emergency plan that might be needed and the sign/symptoms to watch for: | <input type="checkbox"/> None <input type="checkbox"/> Special Care Plan Attached | Comments |

PREVENTIVE HEALTH SCREENINGS

| Type Screening | Date Performed | Record Value | Type Screening | Date Performed | Note if Abnormal |
|--|----------------|--------------|----------------|----------------|------------------|
| Hgb/Hct | | | Hearing | | |
| Lead: <input type="checkbox"/> Capillary <input type="checkbox"/> Venous | | | Vision | | |
| TB (mm of Induration) | | | Dental | | |
| Other: | | | Developmental | | |
| Other: | | | Scoliosis | | |

I have examined the above student and reviewed his/her health history. It is my opinion that he/she is medically cleared to participate fully in all child care/school activities, including physical education and competitive contact sports, unless noted above.

| | |
|--------------------------------------|-----------------------------|
| Name of Health Care Provider (Print) | Health Care Provider Stamp: |
| Signature/Date | |